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ACCOUNT: **TYLENOL**

## Get the Facts About Over-the-Counter (OTC) Pain Medication

What adults over 50 should know  
by Tylenol (Pain Content)



**Acetaminophen vs. NSAID**

**Determining Which OTC Pain Reliever May Be Right for You**

- **High Blood Pressure, Heart Disease or Had a Stroke** - The American Heart Association identifies acetaminophen as a pain reliever option to try first for patients with, or at high risk for, heart disease.
- **Stomach Issues, Stomach Bleeding or Heartburn** - Acetaminophen may be a more appropriate choice of pain reliever if you have heart, stomach issues, stomach bleeding or heartburn.
- **Kidney Disease** - The National Kidney Foundation identifies acetaminophen as an OTC pain reliever of choice for occasional use.
- **Liver Disease** - Ask your healthcare provider before use if you have liver disease.

**Questions to Ask Your Healthcare Provider**

1. Which OTC may be right for me based on my health conditions, age and other medications?
2. Do the other medicines I'm taking have the same ingredients?
3. Could this pain reliever interact with my other medications or vitamins?
4. What are the possible side effects?
5. What should I do if my symptoms don't go away?

Now that you know the facts - Get Relief Responsibly.

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