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Bridging the Gap – What to Do When You Don't Have Prescription Drug Insurance

Yes, you have options that can help improve your overall health
by **OptumRx (Paid Content)**




SHUTTERSTOCK

If you don't have prescription drug insurance, you may avoid getting your prescriptions filled because the rising costs impact your monthly budget. Did you know there are options you can take advantage of that will help you reduce your out-of-pocket medication costs, even without prescription drug insurance coverage or insurance?

As we age, we are at greater risk for conditions like heart disease, high cholesterol or high blood pressure, as well as certain types of cancers and diabetes. An annual checkup is one of the best ways to ensure you're doing everything you can to remain your healthiest. Visiting a doctor regularly enables you to discuss any health concerns you have, and you can check to make sure your prescriptions are up to date. You can also talk to your doctor about a fitness plan that can help keep you in top condition so you can enjoy your life. If maintaining your best health includes taking regular medications, and you have no prescription coverage, you should use a prescription discount card.

AARP[®] Prescription Discounts Program provided by OptumRx[®] provides access to discounted prescriptions at over 66,000 participating pharmacies! This program can help you and your entire family save money on FDA-approved prescriptions, and some over-the-counter remedies.



SHUTTERSTOCK

Why taking your prescribed medication is so important:

- Your doctor has prescribed a specific medication to help you treat a health condition and to live a healthier life
- Not taking your medication as prescribed may lead to a longer-lasting or more serious illness
- Your risk for hospitalization increases when you don't take your prescribed medications

Be proactive about your health because you've got so much to live for.

Tip: Did you know Medicare patients are eligible for a free annual wellness visit?

This checkup includes these preventive services: screenings, flu and pneumococcal shots, height, weight and blood pressure measurements and referrals for other care, if needed.

Click here to download a FREE card from AARP[®] Prescription Discounts provided by OptumRx[®], exclusive to AARP members.

Also of Interest:

- [How to Treat 3 Common Age-Related Health Conditions](#)

Disclaimer:
"AARP Prescription Discounts provided by OptumRx ("Program") is a prescription drug program that provides a discount on FDA-approved drugs that are not covered by an insurance plan or Medicare prescription drug (Medicare Part D) plan. This is not insurance. The Program, endorsed by AARP, is administered by OptumRx Discount Card Services, LLC. OptumRx Discount Card Services, LLC, pays a royalty fee to AARP for use of the AARP intellectual property. These fees are used for the general purposes of AARP.

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GET Rx CARD

Prescription	OptumRx Price	Retail Price
Prednisone	\$7.42*	\$18.89*

*Based on claims paid 8/1/2018 - 7/31/2019

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GET Rx CARD

Prescription	OptumRx Price	Retail Price
Vitamin D	\$7.53*	\$23.63*

*Based on claims paid 8/1/2018 - 7/31/2019

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3