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## Are Prescription Drug Prices Impacting Your Monthly Budget?

These savings tips will help put money back in your wallet.  
by OptumRx (Paid Content)

Let's face it, life is expensive! Prices seem to keep rising. You may be nearing retirement, which means your income is likely to go down, while expenses, like healthcare, may increase. The good news is that you have options when it comes to your prescription drug costs. These are not necessarily fixed prices, and there are ways you can save. Here's how:

1. **Talk to Your Pharmacist** - They can tell you if there is a cheaper generic version of your brand-name prescription and if this is a good choice for you. Generic drugs must comply with strict FDA Guidelines to ensure you are getting the same benefits from a generic as you are from a brand-name.
2. **Use a Prescription Discount Card Every Time You Go to the Pharmacy** - Prescription discount cards can save you money on prescriptions - both brand-name and generic - and doctor-prescribed over-the-counter drugs, such as ibuprofen or acetaminophen. Paying out of pocket and using a discount card may save you more than your insurance covered cost. These cards are widely accepted at pharmacies across the nation.
3. **Research Manufacturers' Discounts** - Many manufacturers offer coupons. Some even provide free prescription medications to those who qualify. You can access these coupons easily in a variety of ways - through your doctor, by asking your pharmacist or by searching the name of your prescription drug online. If you have a prescription discount card, compare its savings to manufacturers' discounts to help you decide which option will save you more money.

Meet Janet - like many of us, Janet takes several medications daily. Until recently, she was concerned about the mounting costs of her out-of-pocket expenses - it was a struggle each month and required her to make some tough decisions. She had heard about prescription discount cards before but thought the savings were too good to be true. Then a friend told her about AARP's Prescription Discounts provided by OptumRx and how this helped her save money on similar prescriptions. Plus, this benefit extended to her husband and children too! Janet doesn't have to make the tough decisions each month anymore. She saves money now that she can spend on other important things.

[Click here to download a FREE prescription discount card, AARP Prescription Discounts provided by OptumRx, exclusive to AARP members.](#)

**Also of Interest:**

- 5 Simple Steps to Help You Lower Your Prescription Prices

**Disclaimer:**

AARP Prescription Discounts provided by OptumRx ("Program") is a prescription drug program that provides a discount on FDA-approved drugs that are not covered by an insurance plan or Medicare prescription drug (Medicare Part D) plan. This is not insurance. The Program, endorsed by AARP, is administered by OptumRx Discount Card Services, LLC. OptumRx Discount Card Services, LLC, pays a royalty fee to AARP for use of the AARP intellectual property. These fees are used for the general purposes of AARP.

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