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New Products To Help You Age Gracefully at Home

Safety and mobility aids can be just as stylish as you are!




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By Medline (Paid Content)

As we age, we may need a little help to remain active and mobile. Adaptive medical equipment options, like canes and grab bars, can make all the difference when we want to stay in our homes. In the past, maybe you have felt embarrassed using these rather plain-looking medical products, but nowadays, new designs make them more stylish choices.

You should feel confident, empowered, and most importantly, safe using the right products to fit your specific needs. Here are the three main categories of supportive care products that can improve your quality of life.




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Around the home

You've de-cluttered and arranged furniture in a way that gives you plenty of open space to maneuver. Now you just need physical support as you make your way through your house. Basic mobility aids include canes, walkers, and rollators (also known as roller walkers).

Offset canes have a curved (offset) neck, which centers and stabilizes you better than a straight cane. You should look for a height-adjustable model with a locking collar, a comfortable foam hand grip, and a wrist strap.

Adjustable rolling walkers help you stand and walk safely and independently, with brakes to control wheel movement. If you'd like the ability to sit and rest, some models offer the convenience of foam seats with padded backrests and storage underneath.

Both of these products are now offered by Medline in fashionable styles, patterns, and colors as part of the new Martha Stewart collection. This line of mobility and bath safety products allows everyone to continue to live with added security, in style.




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For the bathroom

The most essential purpose of bath safety aids is to prevent falls on wet, slippery surfaces. Securely-attached bath mats are a must for the floor of shower stalls or tubs, but beyond that, you should install grab bars on solid walls. Now available in a contemporary chrome finish, these bars should have raised edges for a better grip.

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For extra peace of mind, a Euro-style shower chair allows you to sit. Features to look for include handgrips, rust resistance, and built-in Microban protection to resist mold and mildew. Backrests and height adjustment features will enhance your stability.

In the bedroom

There are numerous products designed to maximize rest, relaxation, and safety in and around your bed. A wedge pillow can elevate your upper body and legs, while a washable under pad with a moisture-proof barrier is a soft and comfortable solution to keep the bed dry all night.

To help you get in and out of bed, an adjustable bed assist bar offers support. A "nice to have" is an over-bed table on wheels to pull up over your lap. Medline offers both of these products in the Martha Stewart collection with a modern face, contemporary finish and natural colors that blend well with neutral bed linens.

You can live in comfort and with confidence in your own home when you've got the right products to help. A unique partnership brings together Medline - healthcare's #1 choice in mobility and bath safety aids - with the added touch of Martha Stewart. Her signature style has always set the standard for better living. These new products are no exception, with patterns and designs to complement your happiest, healthiest life.

[Click here to purchase Medline products from the Martha Stewart collection.](#)

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